

Fennel & Fire All Natural Spices
America's Artisan Spice Company



Roasted Veggies over Cauliflower Hash



Clean Broccoli, Sweet Potato, Cauliflower, Zucchini, Carrots.
Peel Sweet Potato and Carrots.
(may substitute other Veggies)

Cut Vegetables into Bite Size Pieces.

Put Cut Vegetables in Bowl. Add Olive Oil, and mix until Veggies are coated. Sprinkle Veggie Heaven and Citrus Peppercorn on Veggies.
Place on Baking Sheet

Bake at 350 degrees for 25-30 min. Stir once or twice.

While Veggies are roasting, prepare Cauliflower Hash by package directions. Once cooked, season with Veggie Heaven.

Assemble Meal: Place Cauliflower Hash in Bowl,
Top with Roasted Vegetables.

Season to taste with Veggie Heaven and Citrus Peppercorn to taste.

Making Cooking with Spices *Simple & Tasty!*
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